



Peggy Grall is a Certified Executive coach and former psychotherapist with 19 years experience in the areas of helping individuals and organizations make significant change. Peggy's believes that the best way to ensure the success of a change is to strategically equip and fiercely support the leaders of the change.

She is the past-Editor of Psychologica, the trade magazine of the Association of Mental Health Professionals and the President of the Canadian Association of Professional Speakers (Toronto) and in 2004 was nominated for Business Person of the Year and nominated again in 2005 for the coveted Athena Award (Women in Business).

Peggy is proud to be an active member of the following professional associations:



*Transitioning people
through organizational change*