



Peggy Grall is a Certified Executive coach and former psychotherapist with 19 years experience in the areas of helping individuals and organizations make significant change. Peggy has demonstrated her ability to assist individuals and organizations to explore and resolve complex personal and group issues, through working with organizations that are navigating mergers, moving facilities and initiating culture changes.

Peggy's believes that the best way to ensure the success of a change is to strategically equip and fiercely support the leaders of the change. Her approach to Change Management begins with assessments of key stakeholders, and the organization as a whole, to determine change readiness. This step is followed by facilitating the development of an organizational Change Map and skill building with those responsible for the change. Peggy mentors and coaches the change leaders through every step of implementing the change.

Her distinctive background in both business and Human Services equips her to powerfully identify and help people address the personal and professional issues affecting a leader or group's ability to change successfully.

As a dual citizen of both the US and Canada, she has a unique skill set to work cross-border with international leaders and teams. Peggy has a Bachelor of Arts degree in Sociology & Anthropology, from the University of Guelph and is certified in Employee Relations & HR from Queens University. She is certified to administer and interpret the DISC and the PCSI, Personal Profile Analysis tools that she uses with her coaching clients and business teams.

She is the past-Editor of Psychologica, the trade magazine of the Association of Mental Health Professionals and the creator and author of: Just Change It, Professionally Speaking, Change Bytes and numerous other articles and CD's.

She is President of the Canadian Association of Professional Speakers (Toronto) and in 2004 was nominated for Business Person of the Year and nominated again in 2005 for the coveted Athena Award (Women in Business)

Peggy is proud to be an active member of the following professional associations:



*Transitioning people  
through organizational change*