



Peggy Grall – Introduction

The Toronto Star calls Peggy Grall “...tonic for the transition-challenged.” And her clients say she’s the *Change Agent* you want in your corner when the task is challenging.

Peggy Grall is an international speaker, business coach and author focusing exclusively on helping individuals and organizations successfully navigate complex change.

Before bringing her expertise to the corporate world, Peggy was a Psychotherapist in private counseling practice and uses her clinical experience with individuals and groups to inform her coaching and training.

Her book, *Just Change It: The Fast Track Guide to Personal & Professional Renewal* was released to stellar reviews in the Globe & Mail, Chatelaine and the Toronto Star. Peggy has also co-authored *Professionally Speaking*, a book about being the best you can be when giving a presentation or chairing a meeting.

She is the past Editor of *Psychologica*, the trade magazine of the Association of Mental Health Professionals and the President of the Toronto Chapter of the Canadian Association of Professional Speakers and a trained coach with Corporate Coach University.

Peggy says that her greatest accomplishment is being the mother of three grown children ...who have FINALLY left home!!!

Please, help me welcome Peggy.

Important Instructions for Introducer

Thank you for volunteering to introduce me. This professional introduction was developed so as to assure an effective and enjoyable presentation for the audience and to enhance the message of the speaker.

Please do not deviate from it by adding your personal remarks such as: "I have been asked to read this" or by omitting any part of the introduction.

My experience has shown that the quality of a professional speaker's introduction by his introducer, YOU, influences how receptive the audience will be to the material presented.

Please cooperate by using the following written introduction. This will ensure a professional experience for yourself, the audience and the speaker.

Please read the information over to yourself two or three times to become familiar with the speakers name and content.

With your preparation, the audience will sense you are a well-organized, professional and accomplished introducer.

Many thanks in advance for a great introduction.

Peggy Grall